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Of Astral  
Projection Art  
Practice*

"Dimensional Gateways - A Practical

*Page 1/147*

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"Guide to Astral Projection" is another excellent book written by Pane Andov. It gives step by step instructions for awakening human latent astral potentials, how to visit other dimensions, what to do and what not to do there. Among many other things, Andov is a lifetime astral traveler with over 30,000 out of body

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experiences and thousands of students worldwide. His knowledge and experience are always a valuable asset to anyone who studies or practice the art of astral projection. Andov clearly explains that the physical dimension that we are currently living in, is not the only one that exists and that there are other six dimensions that our

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soul essence can visit and manifest on. In other words, our soul essence - which is the consciousness itself, is capable of multidimensional presence. What the Astral Plane is a concern, as with any other living forms in the Universe, the same principle applies for the human beings - the length and the reachable distance while

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out of physical bodies, will vary on the amount of life force the consciousness has during the process of astral departure or separation from the biological host. During the sleeping time, the astral body of the human being departs from the physical host and enters the Astral Plane where it starts collecting life force energy that is

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essential for biological existence. The entire recharging process is fully explained, which gives valuable clues to the student, of how the dynamics of the energy transfer between the astral, etheric and physical body works. A part in the book deals with dreaming programs of holographic nature; why we are perceiving

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them inside the Astral Plane or how they are artificially manifested inside our consciousness. A complete elaboration of four sources that the dreaming programs can originate from are given and how one can break the dreaming hologram and regain a full awareness on the Astral Plane. During the sleeping time, many

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people experience something that is called a "Sleep paralysis" phenomenon. Sleep paralysis is a phenomenon during which an individual is unable to move physically during falling asleep or awakening, but is aware of his/hers surroundings. The author provides the techniques of how to safely exit the Sleep paralysis state and to use it



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as an advantage to raise the Kundalini energy and achieve high-quality astral traveling. The entire training manual is given how one can tune into a progressive meditative state and by learning Andov's five system method, can achieve remote viewing, astral travel and a lot more. A complete guide book for those who are

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practicing these arts, which saves years of useless experimentation. For all the beginners, many shortcuts are given how to get them from a starting level to a very advanced one. A book that will change your life in six months if the techniques and instructions are followed correctly and as advised. Once one becomes an astral

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traveler, he/she starts learning about the Dimensional Gates and the ultimate exploration of the Universe begins...

Visit a realm in which time and space have no meaning—the astral realm. Written for beginners, this friendly guide presents step-by-step instructions for six easy and effective astral projection techniques.

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Travel to different times and eras, visit with departed loved ones, and explore different astral worlds, such as the faerie realm. On the astral plane, it's also possible to heal yourself and achieve improved health, send healing energy to others, receive direction from your spirit guides, and view your Akashic records, the astral

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record of each soul's past and future events.

There's more to creative visualization than meets the eye! In this groundbreaking volume, first published in 1967, Ophiel lays out the 10 Laws of Creative Visualization. Once understood, they are as simple and as real as the laws of gravity or

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magnetism. In other words, they work. Ophiel tells us how to do -- and undo -- the magic of visualization. Whether we want a new job, a new house, a new relationship, or a warm coat -- we can manifest that which will create happiness and comfort in our lives. And, should we discover that we've gotten it wrong -- that we neither

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want nor need what we've visualized, there are techniques to undo what has been done. Along with the theory, Ophiel offers plenty of practice in working with symbols, visualizing physical reality, making a "treasure chart, " and understanding the role of emotion in visualization. Work with the symbols in the book and learn how to

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create your own. This is practical metaphysics at its best. Love spells are forever, but if you want the object of your affection to go away, Ophiel tells you how to do that as well.

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Dark Pool of Light, Volume Two

Elemental Magick

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conversations spanning 1975-1995.

The lies told in the Garden, you  
shall not die and you will become

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wise like God, (become a god), are the foundational pillars of paganism/nature worship. From these religions many proclaimed healing methods which are not based on known science have evolved. They are a component of

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pagan spirituality, not some healing modality accidentally discovered. Such healing practices are the right arm for evangelism in the Neo-PaganNew Age movement. The devil, by deception, offers his counterfeit system of healing to

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entice man to give him the honor and worship due only to Jesus Christ the Divine Son of God. Many are deceived into believing that there is no spiritual danger in partaking of these proclaimed healing practices This book

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exposes the terrible spiritual dangers posed by the New Age holistic health movement, which combines valid healing remedies with various mystical healing arts. Valuable insights are given herein into the traps of the paranormal

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from a Christian perspective. Today there many who are more interested in health at any cost than Gods will at any price.

De lange weg naar de vrijheid is de beroemde autobiografie van een van de grootste mannen van de

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twintigste eeuw. Nelson Mandela beschrijft de lange weg die hij heeft moeten afleggen van onwetende jongen tot charismatisch staatsman. Dit is het verhaal van misschien wel de wonderbaarlijkste omwenteling in de geschiedenis,

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verteld door de man die het  
allemaal heeft meegemaakt en in  
gang gezet. Het verhaal van  
Mandela, door Mandela.

The Complete Book of Spells,  
Ceremonies, and Magic  
een taoistische methode van



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verjonging

All the Songs of David Bowie From  
'64 to '76

de autobiografie

Rebel Rebel

Pioneer & Publisher of Body, Mind  
& Spirit

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First published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

Examines every category of occult phenomena from ESP to Eastern ritual and explores the basic laws of magic, relating them to the natural laws of the universe.

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Caballa magic is no longer an unintelligible mystery. Ophiel's classic Art and Practice of Caballa Magic is a clear, lively, and practical guide to occult magic. "Dion Fortune wrote a great book about the Caballa but told nothing about the practices. This book starts to tell about how to use

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the Tree of Life, or Practices. It reveals what Dion Fortune left out because she received her knowledge from a lodge and was not at liberty to give it out. I received the knowledge from the inner sources and give it all out freely. Use it and test it and find out for yourself." -Ophiel Other books

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merely offer a theoretical explanation of Caballa--Ophiel teaches readers how to use it. From Ophiel's Art and Practice series, Art and Practice of Caballa Magic begins with a brief history of Caballa. It then examines the correspondences of the Tree of Life and its symbolism. One chapter

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offers an interesting and unique interpretation of the Three Pillars, relating them to past, present, and future. As always, Ophiel's accessible, conversational language gives fresh insights and new understanding to occult students and interested readers alike. The book provides clear

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instructions for practical, productive work using the symbols of the Tree of Life daily. "There exists an Occult system of Truth Knowledge called Caballa. . . The Caballa system has many advantages over any other system I have ever heard of in the matter of immediate accurate Truth

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Knowledge, but to my mind vastly more important is the fact that in this system you can grow in Knowledge and Power, and at your own pace, and NEVER REACH AN END."

An Introductory Treatise on the Basic Principles of Yellow Magic  
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(Experience Lucid Dreaming,  
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Alternative & Mystical Healing  
Therapies  
Tying on case studies from late

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antiquity to the 21st century, this is the first volume that systematically explores the inter-relationship between fictional narratives about magic and the real-world ritual art of practicing magicians.

It is hard to overestimate the

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importance of the contribution made by Dame Frances Yates to the serious study of esotericism and the occult sciences. To her work can be attributed the contemporary understanding of the occult origins of much of Western scientific

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thinking, indeed of Western civilization itself. The Occult Philosophy of the Elizabethan Age was her last book, and in it she condensed many aspects of her wide learning to present a clear, penetrating, and, above all,

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accessible survey of the occult movements of the Renaissance, highlighting the work of John Dee, Giordano Bruno, and other key esoteric figures. The book is invaluable in illuminating the relationship between occultism and

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A compendium of information on the occult sciences, magic, demonology, superstitions, spiritism, mysticism, metaphysics, psychical science, and parapsychology, with biographical and bibliographical notes and



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comprehensive indexes.

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Art & Practice of Creative  
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De lange weg naar de vrijheid

***This book is a study of  
contemporary spirituality  
as it is practiced in the  
world today, characterized***

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***by its secular and inclusive nature, and applied to art and art education. It identifies the issues facing a formal introduction of contemporary spiritual concepts into a secular and***

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***multicultural arts  
educational environment.  
Lander begins by  
separating the notion of  
"the spiritual" from the  
study of organized  
religions. She uses***

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***examples of art from  
different cultures in  
contemporary spiritual  
systems, making the study  
a reference book for  
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***education, with usable definitions and practical examples suitable for scholars in art and visual studies, art education, and contemporary spirituality. E-Kwadraat (E2) van Pam***

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***Grout is hét boek voor iedereen die op zoek is naar het bewijs dat onze gedachten de werkelijkheid creëren. Met behulp van 9 eenvoudige experimenten die je binnen 48 uur kunt***

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***uitvoeren laat Pam Grout in E-Kwadraat (E2) zien dat er geen twijfel over mogelijk is: er bestaat een goede, liefdevolle kracht in het universum die we kunnen beïnvloeden met onze***



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***gedachten. In plaats van  
klakkeloos geloven of het  
altijd maar in twijfel blijven  
trekken laat E-Kwadraat  
zien dat de wetten van  
spiritualiteit net zo  
geloofwaardig zijn als die***

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***van de zwaartekracht en net zo consistent als de wetten van Newton. Ben je een liefhebber of misschien een kritische lezer van The Law of Attraction en wil je The Secret nu eindelijk wel***

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**eens bewezen en verklaard  
hebben? E-Kwadraat (E2)  
van Pam Grout bewijst het  
allemaal: o Er bestaat een  
onzichtbaar energieveld  
dat ons oneindig veel  
mogelijkheden biedt o Je**

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***hebt zelf invloed op dat veld en kunt er gebruik van maken afhankelijk van je verwachtingen en overtuigingen o Je bent zelf ook een energieveld o Alles waar je aandacht aan geeft,***

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***groeit o Jouw verbinding  
met het veld geeft je  
precies de juiste en  
oneindige begeleiding o Je  
gedachten en bewustzijn  
hebben invloed op materie  
o Je gedachten en***

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***bewustzijn zijn de basis  
voor je fysieke lichaam o Je  
bent met alles en iedereen  
in het universum  
verbonden o Het universum  
is grenzeloos, oneindig en  
past zich altijd aan***

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***Theory, technique, and  
practice plus personal  
experiences for learning  
Lucid Dreaming, Astral  
Journeys and for  
reactivating the Pineal  
Gland.*Jonathan Dilas**

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***presents with this work a practical book for learning and achieving lucid dreaming and out-of-body experiences. He also provides a guide to systematically decalcifying***



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***the pineal gland in order to  
reactivate your intuitive  
and clairvoyant powers,  
quickly see through the  
manipulations of our time  
and achieve new health.  
Jonathan Dilas is one of the***

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***first consciousness  
researchers since the 90's,  
he has already published  
nine books with many  
spiritual topics, mainly  
about the expansion of  
consciousness, achieving***

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***altered and higher states of consciousness by using dreaming as an entry point to your spiritual path. Only in this way can the seeker realize that he is in a dream all his life, and every***

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***morning, like being in a  
time loop, he only dreams  
that he awakes...Lucid  
Dreaming Lucid dreaming is  
the art of becoming aware  
of your dream while  
dreaming. Immediately***

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***then an incredible clarity sets in and the dream is experienced qualitatively and perceptually like an event in everyday life, only with the difference that suddenly everything is***

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***possible! Flying through  
the air, training for exams,  
achieving top athletic  
performances and a  
candlelight dinner with  
Megan Fox or Johnny Depp  
are just a few examples***

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***that are possible in such dream states. So the possibilities are endless. Out-of-Body Experiences Astral Journeys are the pinnacle of dreaming, because here***

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***you learn to separate your spirit from your physical body and can cross over into the afterlife for a short time and come back unharmed afterwards. The astral body is the body into***



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***which every human being has to change at the latest as soon as he dies. But it is possible to use this body already before and to use it temporarily to explore other realities and the***

***beyond. The Pineal Gland***  
***The pineal gland has been calcified in the course of life by the ingestion of fluoride. Most people have ingested fluoride through water, toothpaste and***

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***salts. A calcium capsule  
now encompasses the  
pineal gland and blocks the  
ability of clairvoyance,  
blocks quick recognition of  
manipulations, the intuition  
and additionally makes the***

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***body become ill faster.  
Hours of daily meditation or  
decalcification of the pineal  
gland, with some simple  
steps, causes reactivation  
of the same and in this  
book it is explained exactly***

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***how this is achieved. In addition, the body then reaches new health. Theory, Technique and Practice for Astral Journeys*** The topics in this comprehensive book range from theory to

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***technique to practice,  
including many of the  
authors own experiences,  
and to make clear what can  
be done with the art of  
lucid dreaming and astral  
journeys. Also very***

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***interesting is the topic on the decalcification of the pineal gland, which has been introduced with the help of fluoride in our food, water and toothpaste that calcify the pineal gland.***

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***This is 'Jonathan's Dream' that is still ongoing. He was searching for his real waking state and failed. This caused him to spend his life searching for an exit, guarded by various***



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***guards called fear, doubt  
and sanity. Yet this is not  
Jonathan's dream alone,  
but the dream of  
everyoneone who lives on  
this planet... or has  
forgotten all that and now***

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***actually believes he is  
awake. You didn't wake up  
this morning, but you  
dreamed you woke up....  
Lucid Dreaming, Astral  
Journeys and the Pineal  
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This is a guide book for the individual who has always shied away from all occult subjects, such as religion, magic, astrology, metaphysics, spiritual anything, and for the beginner into all of these subjects who

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wished to expedite his/her learning with the latest up to date information. It offers leads for the beginner interested in understanding the merger between science and the occult spiritual subjects, and a

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reference of where to get started in the search for the ultimate truth. This book also provides references of where to find up to date information, based on scientific evidence of what is going on with our planet earth,

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and what to expect in the coming years leading to December 21, 2012. This book provides scientific and practical ways of understanding the universe; TOOLS to help YOU LIVE life TO ITS FULLEST and with

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EXCELLENT HEALTH!!!

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everything you didn't know.

David Bowie remains mysterious  
and unknowable, despite 45  
years of recording and



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performing. His legacy is roughly 600 songs, which range from psychedelia to glam rock to Philadelphia soul, from avant-garde instrumentals to global pop anthems. Rebel Rebel catalogs Bowie's songs from

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1964 to 1976, examines them in the order of their composition and recording, and digs into what makes them work. Rebel Rebel is an in-depth look at Bowie's early singles and album tracks, unreleased demos, session

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outtakes and cover songs. The book traces Bowie's literary, film and musical influences and the evolution of his songwriting. It also shows how Bowie exploited studio innovations, and the roles of his producers and supporting

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musicians, especially major collaborators like Brian Eno, Iggy Pop and Mick Ronson. This book places Bowie's music in the context of its era. Readers will discover the links between Kubrick's 2001 and "Space

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Oddity"; how A Clockwork  
Orange inspired "Suffragette  
City". The pages are a trip  
through Bowie's various lives as  
a young man in Swinging  
London, a Tibetan Buddhist, a  
disillusioned hippie, a rock god,

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and a Hollywood recluse. With a cast of thousands, including John Lennon, William S. Burroughs, Andy Warhol and Cher.

Gives all the necessary theory and directions to enter the astral

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plane, function there, and return  
with memory available.

Astral Projection

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success beyond your wildest dreams. Psychic empowerment is a continuous process of growth and self-discovery. When we are psychically empowered, we become

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increasingly aware of the boundless power within ourselves and the unlimited possibilities and opportunities around us and beyond. Through psychic empowerment, we

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can unleash vast inner sources of new growth potential and achieve new levels of personal fulfillment. We can lift our consciousness to a higher plane and add depth

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Clairvoyance Remote  
Viewing Precognition Dream  
Interpretation/Intervention  
Psychokinesis  
Remembering Past Lives and

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Telepathy and Self-Talk

Visualization Divination

Crystal Gazing Dowsing

Geomancy Handwriting

Analysis I Ching Spirit

Communication Runes Sand



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Reading Tarot Reading Self-  
Hypnosis Tea Leaf and  
Coffee Ground Reading  
Meditation Magic Rituals  
and Shamanism Each  
technique strengthens the  
divine spark of greatness

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existing in everyone—and leads to better health, happier relationships, greater financial success, and enhanced spiritual growth.

There's More To Explore

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Than Just The Physical  
World - Here's How To  
Visit The Astral Plane  
Without Leaving Your Room!  
Have you ever had a vivid  
dream that ended in a  
terrifying fall, waking

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you up? Congratulations,  
you've been to the astral  
plane! And if you're  
curious about the  
afterlife, supernatural  
creatures, or psychic  
abilities, it's time to go

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there again. A journey to the astral plane is called astral projection. So, what is Astral Travel - Projection? Astral projection is a conscious out-of-body experience

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that assumes the existence of consciousness or soul. Astral body can travel outside the physical body throughout the universe by leaving the physical body. The astral body can float

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and traverse across the world or observe the environment. Individuals who practice astral projection are aware of what's happening around them. The belief of astral

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projection as a real phenomenon and not a fabrication of the mind can even be supported by quantum physics. Since as quantum physics suggests everything is energy and



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we are all connected.

Having that in mind

separating your

consciousness from your

physical body to explore

the fourth dimension the

astral realm is something

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absolutely possible.

Astral projection gives  
you incredible freedom.

During an astral  
projection you can do  
absolutely everything you  
desire... like flying over

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the world, visiting friends and observing them, going back in time, communicating with higher frequency beings and even having astral sex. The possibilities in the

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astral realm are  
limitless. Many people  
believe astral projection  
as the ultimate evidence  
of life after death and a  
solid proof for the  
hypothesis that other

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higher dimensions exist  
and the fact that our  
consciousness is separate  
from our physical bodies  
and our life here on earth  
is simply a small journey.  
Here Is A Preview Of What

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asked question about  
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magic rituals and  
practices throughout the  
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reading, secret symbols,  
astrology, exorcism and  
spells to overcome enemies  
and obtain wealth



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Fictional Practice: Magic,  
Narration, and the Power  
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becoming embodied ("The embryo is the universe writing itself on its own body"). In *Dark Pool of Light*, his three-volume series of books discussing the nature of reality and consciousness, Grossinger weaves neuroscience-based behaviorism and

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the phenomenology of "being" and reality together with psychological and psychospiritual views of "that single thing which is most difficult to understand or vindicate: our own existence." In Volume 1, Grossinger begins with the scientific and

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philosophical, analytical views of reality; the subtitle of that volume is The Neuroscience, Evolution, and Ontology of Consciousness. In Volume 2, Consciousness in Psychospiritual and Psychic Ranges, he examines psychic sensitivity and



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planes of existence from diverse experiential perspectives, including theosophy and Buddhism. In 2008, Grossinger began studying with noted psychic teacher John Friedlander, who helped him refine his vision of cerebral and somatic awareness to

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still-subtler levels. "Dark Pool of Light began unnamed in the journals of my psychic work with John Friedlander," says Grossinger, "not so much a record of actual practices as insights from them and extensions out of them." An expansive inquiry

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into the nature of consciousness, this volume includes these "field notes" and observations from Grossinger's studies in the imaginal psychic realm, as well as exercises to invite the reader to experience these dimensions for themselves.